

All in one unit with dedicated weight stacks for each exercise. Workout your entire upper body on a single machine. Exercise Variations – Pec Fly, Rear Delt Fly, Lat Pulldown, Long Pull Row, Bicep Curl, Tricep Push Down, Cable Lateral Raise.

HOME GYM SERIES

MULTI GYM (UPPERBODY)

JH4MG1

DIMENSION:

Length: 152 inches / 386 cms
Width: 85 inches / 216 cms
Height: 92 inches / 234 cms
Equipment Weight: 628.2 kg

MUSCLE WORKED: Full Body



